

Research on the Integration of Wushu Curriculum and Political Thought Education in Institution of Higher Learning under the Concept of "Political Thought Curriculum"

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Abstract: With the continuous advancement of the concept of "political thought education in curriculum", higher requirements are put forward for the concept of talent cultivation and political thought education in institution of higher learning. The Department of Higher Education of the Ministry of Education puts forward that in the course of curriculum development, institution of higher learning should explore relevant political thought factors in professional curriculum political thought education, so as to organically integrate them with knowledge education, give full play to the role of education in educating people, and comprehensively improve knowledge literacy and ability literacy. How to implement the educational goal of "cultivating people by virtue" has become the task and mission of school education today. Wushu is an outstanding representative of Chinese traditional culture. In the process of Wushu inheritance, Wushu moral education advocated by Wushu has unique advantages in educating people, and it contains a large number of excellent traditional culture and political thought elements. The political thought integration of Wushu teaching and curriculum in institution of higher learning should improve the political thought literacy of Wushu teachers, improve the evaluation system of Wushu curriculum, and promote the construction of Wushu moral education culture on campus, so as to cultivate students' excellent moral quality, strong physique, healthy psychology and noble patriotism, and cultivate more comprehensive Wushu talents for the society.

1. Introduction

In 2017, 2018 and 2019, the Ministry of education and the State Council successively issued a number of documents related to curriculum political thought work, and institution of higher learning across the country began to actively carry out curriculum political thought work [1]. In 2020, the Higher Education Department of the Ministry of education pointed out in the key points of work that in the process of carrying out courses, institution of higher learning should excavate relevant political thought elements in professional courses, organically integrate them with knowledge education, give full play to the role of education in educating people, and achieve the overall improvement of knowledge literacy and ability literacy [2]. In this environment, institution of higher learning across the country began a wave of transformation from "Political Thought Curriculum" to "curriculum political thought". The so-called curriculum political thought education, in short, is that all courses in Institution of higher learning should play the role of Political Thought Education [3]. "Curriculum political thought education" is to run political thought education through all courses on the basis of "Political Thought Curriculum", so as to realize the moral education mode of "all staff, whole process and all-round". Wushu, as an excellent national traditional sports event in China, contains rich moral education elements. Carry out the secondary design of Wushu curriculum, excavate these elements, sort out and summarize them, and show these moral education elements in Wushu curriculum [4].

The survival state of Wushu in campus sports is of great value for carrying forward traditional culture, boosting national spirit and enhancing cultural self-confidence [5]. As the primary task in Wushu education and teaching, Wushu morality education is in line with the overall goal of "political thought course" and meets the requirements of Wushu education and teaching courses.

Cultivating college students' national spirit and shouldering the mission of moral education through martial arts teaching and exercise is not only the historical responsibility of school education, but also the task of the times for the development of Chinese martial arts [6]. As an important part of moral education in institution of higher learning, Wushu courses in institution of higher learning shoulder the important mission of "educating all the staff in all directions". By explaining the teaching objectives of Wushu in institution of higher learning under the concept of curriculum political thought education, and analyzing the elements and values of curriculum political thought education, this paper puts forward the integration path of Wushu teaching and curriculum political thought education in institution of higher learning, with a view to providing useful reference for the reform of Wushu teaching and the development of curriculum political thought education in institution of higher learning. As an important part of Chinese excellent traditional culture, Wushu's educational inheritance in institution of higher learning plays an important role in promoting the formation of cultural confidence [7]. I hope it can provide reference value for the later construction of Wushu inheritance base in institution of higher learning, and enrich the educational inheritance system of Wushu inheritance projects in institution of higher learning.

2. Definition of concept

2.1. Concept of Wushu education

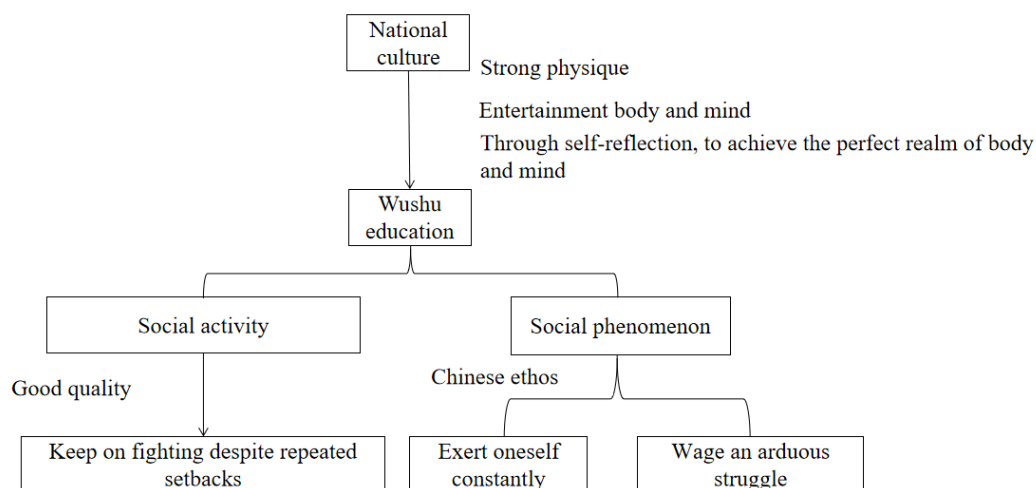


Figure 1 Concept and influence of martial arts education

Wushu education is different from Wushu teaching. Education is deeper than teaching. Because teaching is to teach students skills, while education is to teach both skills and life. Wushu education has a wider field, which can enable the trainees to improve their character through skill practice. At the same time, Wushu education does not only refer to Wushu, but refers to a wider range of research fields. Through martial arts education, we can not only improve our skills, but also make the educated more physically strong, good conduct and charming personality. Wushu education takes Chinese contemporary society as the background and the educational content is Wushu. By means of physical exercise, it can achieve the goal of cultivating people with all-round development. Through personal practice, martial arts practitioners can not only exercise, but also understand the truth of educating people, and better complete socialization. Martial arts education has two meanings: first, martial arts education is a social activity to transfer martial arts knowledge and skills and make martial arts practitioners exercise indomitable good quality; Second, as a social phenomenon, Wushu education can cultivate the national spirit of continuous self-improvement and hard work. It has become a necessary means for practitioners to recognize and perceive the spirit of Chinese excellent traditional culture. Wushu not only has the functions of strengthening physique, entertaining body and mind and cultivating self-cultivation, but also carries the value of carrying forward national culture and inheriting national spirit. College Wushu teaching content itself has

rich political thought elements, which plays an important role in cultivating students' excellent moral quality, strong physique, healthy psychology and noble patriotism. Chinese Wushu is an important part of national culture. Under the political thought concept of curriculum, Wushu Teaching in Institution of higher learning is of great significance to the inheritance of Chinese Wushu culture [8]. By excavating the political thought content in Wushu curriculum and taking excellent traditional cultural ideas as the political thought elements in Wushu curriculum, students can have a more perceptual understanding of Wushu curriculum and inherit Wushu culture. Figure 1 shows the concept and influence of Wushu education.

2.2. Course political thought concept

On the research of the connotation of "curriculum political thought education", most researchers have similar views. For example, Professor Qiu Weiguang of East China Normal University put forward that the word "curriculum" can be traced back to the Song Dynasty in China. Professor Qiu interpreted "curriculum political thought education" as an activity of educating people's thoughts, and at the same time, it requires all disciplines in institution of higher learning to play the role of educating people. Xie Yan pointed out that the political thought course for science and engineering majors should pay attention to the cultivation of their professional knowledge and practical ability on the one hand, and the development of students' thinking ability on the other. At the same time, it is pointed out that curriculum political thought education is an educational idea and educational thinking, and the main channel for college students to acquire knowledge is classroom, so all courses in institution of higher learning are required to carry out political thought education functions while imparting professional knowledge and ability. The school political thought course has always been the most important means of moral education, and it has undertaken most of the responsibilities of school moral education. The "Curriculum Political Thought Education" is the expansion and extension of the political thought course, which integrates political thought education into various courses, that is to say, as long as it is a course given by the school, it can be integrated into the course. The teaching purpose of "Course Political Thought Education" is to cultivate people by virtue, to carry out political thought education through classroom teaching, and to improve students' political thought quality, mainly to improve students' ideological and moral level, cultivate students' sentiment, improve their personality and so on, and at the same time to increase the teaching objectives of political thought education. The fundamental task of "curriculum political thought education" is to "cultivate people by virtue", which is a comprehensive educational concept with synergistic effect. It is to develop political thought theory and various courses together in the form of building a whole-staff, whole-process and whole-course education pattern. Curriculum political thought education is a teaching system, which integrates political thought education into all links and aspects of curriculum teaching and curriculum reform of various disciplines by moistening things silently.

3. The path of political thought integration of martial arts teaching and curriculum in institution of higher learning

3.1. Improve the political thought quality of martial arts teachers

The so-called virtue as a teacher and integrity as a model. Teachers themselves should have noble virtue and integrity. The key factor to realize the political thought function of Wushu Teaching in Institution of higher learning is to improve the political thought ability and level of Wushu teachers in Institution of higher learning. First, Wushu teachers in Institution of higher learning should strengthen the study of Political thought theory, improve their political thought literacy, apply the theory to practical teaching, accumulate experience and methods from practice, constantly strengthen teachers' Political thought theory knowledge, improve their own morality, improve their moral education ability in teaching, and form an exemplary role taking themselves as a benchmark [9]. Second, physical education departments and departments in Institution of higher learning should regularly organize teachers to focus on Political thought theory learning, often carry

out political thought education experience exchange activities, encourage teachers to actively study, and bring teachers' Political thought ability into the scope of year-end assessment. Third, Wushu teachers in Institution of higher learning should have a sense of innovation and responsibility. Wushu teachers should strive to improve their moral cultivation and professional quality; Institution of higher learning should improve relevant rules and regulations and strive to cultivate teachers' professional ethics; The education department should improve the professional evaluation and employment system of teachers, and the teacher qualification certification should assess and archive the professional and moral quality of teachers. At present, the teaching assessment and evaluation system in Institution of higher learning is relatively single, and the moral education lacks a perfect and detailed assessment system and evaluation system, which leads to the formalization of moral education and can not achieve the purpose of Building Morality and cultivating people. Therefore, in order to realize the integration of Wushu teaching and political thought education in Institution of higher learning, we must establish a scientific and reasonable curriculum evaluation system, take the ideological and moral character, social morality and patriotic quality as the evaluation content, avoid taking the curriculum examination results as the only evaluation standard, and give full play to the guiding, supervising and encouraging role of the evaluation work in teaching and education.

3.2. Promote the construction of campus martial arts moral education culture

Wushu education in institution of higher learning contributes to the establishment of ideology and culture. Through the improvement and optimization of Wushu curriculum construction and community construction, students can enhance their sense of identity with Wushu culture in the process of course study and practice, and then build up their confidence in national culture [10]. Institution of higher learning are places to cultivate students' ideology and culture. It is also an inevitable requirement to carry out the education inheritance to promote the political thought course into universities, classrooms and teaching materials. Institution of higher learning can realize the unification of Wushu curriculum and curriculum political thought education. Wushu inheritance projects enter the classroom of institution of higher learning, which can promote the inheritance and development of Wushu culture through the improvement of traditional curriculum construction and community construction. Wude culture takes "benevolence" as its core, advocates the concept of benevolence and harmony, and its initial intention and essence are social fairness and justice. By excavating the elements of Wushu culture in the curriculum, we can cultivate students' correct values and moral qualities, internalize them into the heart and externalize them into practice, and realize the seamless connection between "professional knowledge" and "moral guidance" in Wushu curriculum. The core of Wushu moral education culture in campus refers to the spirit of respecting teachers and respecting morality, striving for self-improvement, being brave, being strict with self-discipline and patriotism, etc. In Wushu, through self-training and self-challenge, we can achieve the purpose of strengthening body, entertaining body and mind, and cultivating self-cultivation. Institution of higher learning can strengthen media publicity, organize campus martial arts activities, further improve rules and regulations, create a good atmosphere for martial arts exercise, and promote the influence of campus martial arts moral education culture on college students. Wushu inheritance projects in institution of higher learning should be jointly built with the support of the government, education departments, sports departments and other parties, so as to promote the sound development of Wushu inheritance bases, effectively spread Wushu culture in urban and rural primary and secondary schools, promote the effective popularization of national culture, further promote national culture, and promote the formation of Wushu education and curriculum ideology in institution of higher learning.

4. Conclusions

Martial arts, as an excellent traditional culture, advocates "courtesy, faith, benevolence, righteousness, courage, wisdom" and other martial ethics culture, which has unique educational functions and advantages. We should fully explore the political thought elements in school martial arts teaching, cultivate students' patriotic spirit of being loyal to the country and revitalizing China,

and the spirit of respecting teachers and valuing morality and seeking advice with an open mind; The rule of law spirit of abiding by discipline and law and standardizing behavior, the gentleman spirit of being polite, honest and self-improvement, and the constant spirit of being hard-working and persistent. In short, in the context of the new situation, the integration of "curriculum thinking and politics" into Wushu curriculum has certain difficulty and challenge. The school integrates Wushu curriculum with political thought education, and infiltrates the concept of "curriculum political thought" into Wushu teaching, so that students can not only obtain healthy physique, but also obtain sound personality in the process of Learning Wushu. This is not only the demand of school education and teaching reform, but also the direction of "curriculum political thought" reform. The integration of curriculum thought and politics and college physical education is the objective need to achieve the goal of Building Morality and cultivating people. Wushu teaching is an important part of physical education in Institution of higher learning. Wushu teaching content itself has rich political thought elements, which plays an important role in cultivating students' excellent moral quality, strong physique, healthy psychology and noble patriotism.

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